2024	JAN	UARY	AQUA Fitness	Schedule		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day 9:30am-2:30pm	2	3 10:10:45am HiiT the Water Damaris	4 8:30-11am Swim Lessons Club One
L	   			KIHS Swim Team 3:30-5pm 5 Ianes Stroke Clinic 5-6pm 3 Ianes Spirit 6-8pm 5 Ianes	KIHS Swim Team 3:30-5pm 5 lanes	
5 10am Aqua Fit T	6 10:10:45am HiiT the Water Damaris	7 10-10:45am Aqua Fit Sherry	8 10-10:45am Aqua Fit Kelly	9 9-9:45am Aqua Dance 10-10:45am Aqua Fit Damaris	10 10:10:45am HiiT the Water Damaris	11 8:30-11am Swim Lessons Club One
	Gunston 2:45-3:45pm 4 lanes	KIHS Swim Team 3:30-5pm	AQUA Leisure 3-4:30pm KIHS Swim Team 3:30-5pm 5 lanes	10:30-12pm Bayside PT Leisure Pool	AQUA 10-11:30am Leisure	AQUA 11-1:30pm 1 Lap
	NO KIHS AQUA 4:30-5:15pm 2 lane 5:15-6pm 3 lanes AQUA 6:15-7:55 1 lane AQUA 4:30-6:45pm Leisure	AQUA 5:15-6pm Leisure Stroke Clinic 5-6pm 3 lanes Spirit 6-8pm 5 lanes	AQUA 4:30-5:15pm 1 lane 5:15-6pm 3 lanes Stroke Clinic 5-6pm 3 lanes Spirit 6-8pm 5 lanes AQUA 4:30-6:45pm Leisure	AQUATIC CENTER CLOSED 3-7PM KIHS SWIM MEET REOPENS 7-8PM	KIHS Swim Team 3:30-5pm 5 lanes AQUATIC CENTER CLOSES 5PM ST MARYS SWIM MEET	
12 10am Aqua Fit Damaris	13 10:10:45am HiiT the Water Kelli	14 10-10:45am Aqua Fit Sherry	15 10-10:45am Aqua Fit Kelly	16 9-9:45am Aqua Dance 10-10:45am Aqua Fit Damaris 10:30-12pm Bayside PT	17 10:10:45am HiiT the Water Damaris	18 8:30-11am Swim Lessons Club One
	KIHS Swim Team 3:30-5pm 5 lanes AQUA 4:30-5:15pm 1 lane 5:15-6pm 3 lanes	AQUATIC CENTER CLOSED 3-7PM KIHS SWIM MEET	AQUA Leisure 3-4:30pm KIHS Swim Team 3:30-5pm 5 Ianes AQUA 4:30-5:15pm 1 Iane 5:15-6pm 3 Ianes	Leisure Pool AQUATIC CENTER CLOSED 3-7PM KIHS SWIM MEET	AQUA 10-11:30am Leisure KIHS Swim Team 3:30-5pm 5 lanes	AQUA 11-1:30pm 1 Lap
19	AQUA 6:15-7:55 1 lane AQUA 4:30-6:45pm Leisure 20	REOPENS 7-8PM	Spirit 6-8pm 5 lanes AQUA 4:30-6:45pm Leisure	REOPENS 7-8PM	24	25
10am Aqua Fit Damaris	10:10:45am HiiT the Water Damaris	<b>10-10:45am Aqua Fit</b> Sherry	10-10:45am Aqua Fit Kelly	9-9:45am Aqua Dance 10-10:45am Aqua Fit Damaris 10:30-12pm Bayside PT Leisure Pool	10:10:45am HiiT the Water Damaris AQUA 10-11:30am Leisure	8:30-11am Swim Lessons Club One AQUA 11-1:30pm 1 Lap
	NO KIHS AQUA 4:30-5:15pm 2 lane	KIHS Swim Team 3:30-5pm 5 lanes	AQUA Leisure 3-4:30pm KIHS Swim Team 3:30-5pm 5 lanes AQUA 4:30-5:15pm 1 lane	NO KIHS	NO KIHS	
	5:15-6pm 3 lanes AQUA 6:15-7:55 1 lane AQUA 4:30-6:45pm Leisure	AQUA 5:15-6pm Leisure Stroke Clinic 5-6pm 3 lanes Spirit 6-8pm 5 lanes	5:15-6pm 3 lanes Spirit 6-8pm 5 lanes AQUA 4:30-6:45pm Leisure	Stroke Clinic 5-6pm 3 lanes Spirit 6-8pm 5 lanes	AQUATIC CENTER CLOSES 5PM ST MARYS SWIM MEET	
26 10am Aqua Fit Damaris	27 10:10:45am HiiT the Water Kelli	28 10-10:45am Aqua Fit Sherry	29 <b>10-10:45am Aqua Fit</b> Kelly AQUA Leisure 3-4:30pm KIHS Swim Team 3:30-5pm	30 9-9:45am Aqua Dance 10-10:45am Aqua Fit Damaris 10:30-12pm Bayside PT Leisure Pool	31 10:10:45am HiiT the Water Damaris AQUA 10-11:30am Leisure	AQUATIC CENTER HOURS M-TH 5:30AM-8PM FRI 5:30AM-7PM SAT/SUN 7:30AM-4PM SCHEDULE IS SUBJECT TO CHANGE
	KIHS Swim Team 3:30-5pm 5 lanes AQUA 4:30-5:15pm 1 lane 5:15-6pm 3 lanes AQUA 6:15-7:55 1 lane	NO KIHS AQUA 5:15-6pm Leisure Stroke Clinic 5-6pm 3 lanes Spirit 6-8pm 5 lanes	5 lanes AQUA 4:30-5:15pm 1 lane 5:15-6pm 3 lanes Spirit 6-8pm 5 lanes AQUA 4:30-6:45pm Leisure	KIHS Swim Team 3:30-5pm 5 lanes Stroke Clinic 5-6pm 3 lanes Spirit 6-8pm 5 lanes	KIHS Swim Team 3:30-5pm 5 lanes	Must Register & Pay for Swim Training, Swim lessons, Swim Team, PT, etc
	AQUA 4:30-6:45pm Leisure				1	